

WORKSHOP SERIES 2015

OUR INAUGURAL PROVINCIAL SERIES OF ONE-DAY, HANDS-ON WORKSHOPS EXPLORING HEALTH AND SAFETY TOPICS RELEVANT TO NEWFOUNDLAND & LABRADOR.



Safety Services
NEWFOUNDLAND
LABRADOR

Investigating Human Fatigue Factors

Is Fatigue Compromising the Health, Safety or Productivity of your 24/7 Workforce?

Guest Speaker: CLINTON MARQUARDT, *Human Fatigue Specialist*

MARCH 25-26, 2015

9:00 am to 5:00 pm
One-Hour Lunch Break
Lunch Provided

Fairfield Inn & Suites,
Kenmount Road,
St. John's

\$695.00 (Early-Bird)
\$895.00 (Standard)

Agenda Highlights

This two day course will provide you with a straight forward and easy to use step-wise method to evaluate the influence of human fatigue on your organization's health, safety and productivity. It will arm you with in-depth knowledge of the latest fatigue science and will allow you to make accurate determinations of whether fatigue was a risk or causal factor in an accident or incident and help you understand if fatigue is currently impacting the health, safety or productivity of your 24/7 workforce.

Through this course you will learn about the major risk factors that result in fatigue and the toll they take on your 24/7 workforce. You will be able to use this knowledge to implement solutions to reduce the risk of accidents and incidents and improve the health, safety and productivity of your most important asset, your people.

You will learn the material through an engaging use of case studies and hands-on experience as Clinton guides you step by step through the method.

Clinton's training comes with a One-Year Warranty!
If you need support of any kind related to the training, he will provide it absolutely free!
Questions - Clarifications - Pointers?
Clinton will happily help you out.

See reverse for complete details..



REGISTER ONLINE

EARLY BIRD PRICING AVAILABLE
ON ALL WORKSHOPS

COURSE OVERVIEW

- Concepts of Fatigue
- Why You Would Investigate Fatigue
- Perishable and Non-Perishable Sleep-Wake Data Collection
- How to Collect the Right Data
- Understanding Fatigue and its Complex Relationship with Sleep
- Textbook Sleep vs. Optimal Sleep
- 6 Major Fatigue Risk Factors
- Determining if your Workforce is Fatigued
- The Human Performance Decrements that Result from Fatigue
- Determining if Fatigue is Compromising the Health, Safety and Productivity of Your 24/7 Workforce
- Determining if Fatigue was a Risk or Causal Factor in an Accident or Incident



Safety Services
NEWFOUNDLAND
LABRADOR



WORKSHOP SERIES 2015

WHO SHOULD ATTEND

- Safety Officers and Safety Managers
- Occupational Health and Safety Representatives (OSH/OHS)
- Accident Reconstructionists
- Municipal, provincial and federal transportation officials
- Municipal, provincial and federal police and investigation agencies
- Transportation and manufacturing safety monitoring and regulating agencies and organizations
- Commercial transportation industry officials from all modes including emergency response, aviation, marine, rail, pipeline, school bus, motor coach and trucking
- Manufacturing association officials and safety personnel
- Safety and Compliance Specialists
- Authorities and regulators approving and assessing Fatigue Risk Management Systems (FRMS)
- Patient Safety and Healthcare Safety Professionals
- Labour Union Representatives
- Transportation Professionals
- Medical Examiners
- Heavy Industry Professionals
- Supervisors of personnel working shift-work or non-standard work hours
- Senior Managers
- Schedulers and Planners
- Construction Professionals
- Accident Investigators

Clinton Marquardt - Human Fatigue Specialist

As an internationally recognized Human Fatigue Specialist, Clinton takes the latest in fatigue science and turns it into practical, implementable solutions that reduce fatigue and optimize the health, safety and productivity of your most important asset, your people. One of these solutions is his easy to use step-wise method to evaluate the influence of human fatigue which he teaches to audiences world-wide.

Clinton is the only Fatigue Specialist to have served as the Senior Human Factors Investigator with the Transportation Safety Board (TSB) of Canada. In this role, he modernized the TSB's approach to understanding the influence of fatigue on human performance, accidents and incidents. Clinton wrote the TSB's Guide to Investigating Human Fatigue. He has also been a Professor of Psychology and was the Technical Director of the Royal Ottawa Hospital's Sleep Disorders Centre. Clinton holds a Master of Arts Degree in Psychology with a specialization in behavioural sleep medicine and fatigue as well as the RPSGT designation recognized by the American Academy of Sleep Medicine.



In his keynote speeches, consulting and training services, Clinton uses his 24 years of experience to provide you with practical, science-based solutions to reduce fatigue and optimize the health, safety and productivity of your 24/7 workforce.

What people are saying about Clinton's Investigating Human Fatigue Factors course:

"This course will be a great benefit when investigating accidents and incidents that occur in the transportation industry, it also helped me realize I have a sleep disorder!"

Dawn S. - Safety Advisor, On-Track Safety Solutions Ltd., Calgary, Canada

"This information will assist our organization in getting forestry companies to pay greater attention to fatigue and the role it plays in the incidents occurring throughout British Columbia"

Amanda W. - Transportation Safety Program, B.C. Forest Safety Council, Prince George, Canada

"Thank you again for a phenomenal couple of days. The subject matter was so valuable to me for myself and for my position as a manager and your obvious expertise and delivery of the topic made the course riveting. Thank you again and safe journeys!"

Kevin O'Driscoll - Manager of Train Operations, Via Rail, Edmonton, Canada



REGISTER ONLINE

EARLY BIRD PRICING AVAILABLE
ON ALL WORKSHOPS

CONTACT & SPONSORSHIP OPPORTUNITIES

Wanda Cuff-Young, *White Rock Consulting*
709-685-5563
wanda@wandacuffyoung.ca

Len LeRiche, *President & CEO, SSNL*
709-754-0210
lheriche@safetyservicesnl.ca